




WGR = Whole Grain Rich		CACFP November 2025 Menus					Site:
3	4	5	6	7			
Turkey & Cheese Wrap 2.5oz Turkey Breast 0.5oz Shredded Cheddar Flour Tortilla 1oz WGR Goldfish 1/2C Cherry Tomatoes 1/4C Mandarin Oranges 8oz 1% Unflavored or Skim Flavored Milk	3oz Buffalo Chicken Salad 1oz WGR Tortilla Chips 1/2C Celery 4oz 100% Fruit Juice (1) 8oz 1% Unflavored or Skim Flavored Milk	Bento Box 2oz Edamame 2oz Teriyaki Chicken 1/2C Brown Rice 1/2C Cucumber Slices 1/2C Fresh Carrots 8oz 1% Unflavored or Skim Flavored Milk	1oz Turkey Stick (2) 1/4C Hummus WGR Banana Bread 1/2C Carrots & Celery 4oz 100% Fruit Juice (1) 8oz 1% Unflavored or Skim Flavored Milk	Popcorn Chicken Salad 4.3oz WGR Popcorn Chicken 1C Tossed Salad 1/2C Cherry Tomatoes & Cucumbers 1/4C Peaches 8oz 1% Unflavored or Skim Flavored Milk	Cold Dinner	Shelf-Stable Dinner 4oz Vanilla Yogurt 1.4oz Chocolate Sunbutter 1oz WG Scooby Snacks 6.75oz Paradise Punch 4.5oz Diced Pears 8oz 1% Unflavored Milk	
Chicken & Waffles Chicken (2) Waffle (1) 1/2C Tater Tots 1/4C Mandarin Oranges Syrup 8oz 1% Unflavored or Skim Flavored Milk	Walking Taco 2oz Taco Meat 1oz WGR Tortilla Chips 1/4C Salsa 1/4C Black & Gold Corn Fresh Fruit Sour Cream Packet 8oz 1% Unflavored or Skim Flavored Milk	Breakfast Sandwich Egg Patty (1) Turkey Sausage (1) 0.5oz American Cheese WGR English Muffin (1) Hashbrown Patties (2) 1/4C Applesauce 8oz 1% Unflavored or Skim Flavored Milk	2oz Salisbury Steak & Gravy WGR Biscuit 1/2C Mashed Potatoes Fresh Fruit 8oz 1% Unflavored or Skim Flavored Milk	Pasta & Meatballs 3oz Meatballs & Sauce (6) 1C Pasta 1/4C Sauce 1C Tossed Salad WGR Breadstick 8oz 1% Unflavored or Skim Flavored Milk			
1oz WGR Cinnamon Toast Crunch 8oz 1% Unflavored Milk	Strawberry Cream Cheese Bagel 4oz 100% Fruit Juice (2)	4oz Yogurt WGR Scooby Doo Crackers	WGR Muffin 6oz Fruit	WGR Chat Snacks Fresh Fruit	Snack	Shelf-Stable Snack Please Write-In	




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10	11	12	13	14	Cold Dinner	Shelf-Stable Dinner 4oz Vanilla Yogurt 1.4oz Chocolate Sunbutter 1oz WG Scooby Snacks 6.75oz Paradise Punch 4.5oz Diced Pears 8oz 1% Unflavored Milk
Charcuterie 2oz Turkey Salami 1oz Cheese Cubes 1oz Ritz Crackers 1/2C Carrots 1/2C Fresh Fruit Salad WGR Bread Slice 8oz 1% Unflavored or Skim Flavored Milk	Ham & Cheese Sandwich 2.5oz Turkey Ham 0.5oz American Cheese 1/2C Carrot Slaw WGR Bun 1/4C Fruit Mix 8oz 1% Unflavored or Skim Flavored Milk	4oz Yogurt Cup 1oz Beef Stick (2) 1oz WGR Cinnamon Goldfish 1/2C Carrots 1/4C Cinnamon Applesauce 8oz 1% Unflavored or Skim Flavored Milk	Salami & Cheese Sandwich 2.5oz Turkey Salami 0.5oz Cheese WGR Bun 1/2C Cucumber Slices 1/4C Pears 8oz 1% Unflavored or Skim Flavored Milk	1oz String Cheese (1) WGR Muffin 4oz Dragon Punch 1/2C Applesauce Yogurt 8oz 1% Unflavored or Skim Flavored Milk		
Chicken Patty Sandwich Chicken Patty WGR Bun 1/2C Fries 1/4C Pineapple 8oz 1% Unflavored or Skim Flavored Milk	WGR Fiestada Pizza 1/2C Corn 1/4C Fruit Mix 8oz 1% Unflavored or Skim Flavored Milk	Egg & Cheese Omelet WGR Dinner Roll 1/2C Hashbrowns 1/4C Cinnamon Applesauce 8oz 1% Unflavored or Skim Flavored Milk	Turkey & Cheese Hoagie 3oz Turkey 0.5oz Provelone Cheese WGR Hoagie Roll 1/2C Tater Tots Fresh Fruit 8oz 1% Unflavored or Skim Flavored Milk	2oz Beef Burger 0.5oz American Cheese WGR Bun 1/2C Corn 1/4C Applesauce 8oz 1% Unflavored or Skim Flavored Milk	Hot Dinner	
Rice Krispy Treat 4oz 100% Fruit Juice (2)	WGR Funyuns 1oz String Cheese (1)	WGR Muffin Fresh Orange	1oz String Cheese (1) 1oz WGR Chex Mix	1oz WGR Goldfish Fresh Orange	Snack	Shelf-Stable Snack Please Write-In



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17	18	19	20	21		
1C Torellini Salad 1oz Cheese 1/2C Carrots 1/4C Pineapple WGR Cheetos 8oz 1% Unflavored or Skim Flavored Milk	Veggie Hummus Plate 1/4C Hummus 1/2C Carrots & Celery 1/4C Bell Peppers 1oz String Cheese (1) WGR Pita Triangles 8oz 1% Unflavored or Skim Flavored Milk	4oz Cubed Cheeses 1/2C Cucumbers 1/4C Peaches WGR Buffalo Cheez-Its 8oz 1% Unflavored or Skim Flavored Milk	Yogurt Cup 1oz String Cheese (1) 1oz WGR Cinnamon Toast Crunch 4oz Dragon Punch Premium Fresh Fruit 8oz 1% Unflavored or Skim Flavored Milk	Turkey & Cheese Sandwich 2.5oz Turkey Breast 0.5oz American Cheese 1/2C Lettuce 1/4C Tomato WGR Bun Fresh Fruit 8oz 1% Unflavored or Skim Flavored Milk	Cold Dinner	Shelf-Stable Dinner 4oz Vanilla Yogurt 1.4oz Chocolate Sunbutter 1oz WG Scooby Snacks 6.75oz Paradise Punch 4.5oz Diced Pears 8oz 1% Unflavored Milk
Korean BBQ Bowl Meatballs (5) 1/2C White Rice 1/2C Diced Carrots WGR Dinner Roll 1/4C Pineapple 8oz 1% Unflavored or Skim Flavored Milk	2oz Beef Hot Dog 1/2C Fries Fresh Fruit WGR Hot Dog Bun 8oz 1% Unflavored or Skim Flavored Milk	2oz WGR Chicken Nuggets (5) 1/2C Roasted Potatoes 1/4C Peaches 8oz 1% Unflavored or Skim Flavored Milk	Grilled Chicken Sandwich 2oz Grilled Chicken WGR Sandwich Bun 1/2C Seasoned Fries Fresh Fruit 8oz 1% Unflavored or Skim Flavored Milk	WGR Pizza (1 Slice) 1/2C Green Beans Fresh Apple 8oz 1% Unflavored or Skim Flavored Milk	Hot Dinner	Shelf-Stable Snack Please Write-In
WGR Scoops 3/4C Salsa	Fresh Pear 1oz WGR Cheez-Its	0.875oz WGR Tortilla Chips 1oz String Cheese (1)	Banana Muffin Flat 4oz 100% Fruit Juice (2)	4oz Yogurt 1oz WGR Graham Cracker	Snack	Shelf-Stable Snack Please Write-In



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24	25	26	27	28	Cold Dinner	Shelf-Stable Dinner 4oz Vanilla Yogurt 1.4oz Chocolate Sunbutter 1oz WG Scooby Snacks 6.75oz Paradise Punch 4.5oz Diced Pears 8oz 1% Unflavored Milk
4oz Yogurt Cup 1oz String Cheese (1) 1oz WGR Cheez-Its 1/2C Carrots 1/2C Fruit Cup 8oz 1% Unflavored or Skim Flavored Milk	Turkey & Cheese Wrap 2.5oz Turkey Breast 0.5oz Shredded Cheddar Flour Tortilla 1oz WGR Goldfish 1/2C Cherry Tomatoes 1/4C Mandarin Oranges 8oz 1% Unflavored or Skim Flavored Milk	3oz Buffalo Chicken Salad 1oz WGR Tortilla Chips 1/2C Salsa 4oz 100% Fruit Juice 8oz 1% Unflavored or Skim Flavored Milk				
6oz Mac & Cheese 1/2C Peas 1/4C Pears WGR Dinner Roll 8oz 1% Unflavored or Skim Flavored Milk	Chicken & Waffles Chicken (2) Waffle (1) 1/2C Tater Tots 1/4C Mandarin Oranges Syrup 8oz 1% Unflavored or Skim Flavored Milk	Walking Taco 2oz Taco Meat 1oz WGR Tortilla Chips 1/4C Salsa 1/4C Black & Gold Corn Fresh Fruit Sour Cream Packet 8oz 1% Unflavored or Skim Flavored Milk				Hot Dinner
1oz WGR Sun Chips Fresh Fruit	1oz WGR Cinnamon Toast Crunch 8oz 1% Unflavored Milk	Strawberry Cream Cheese Bagel 4oz 100% Fruit Juice (2)				
					Snack	Shelf-Stable Snack Please Write-In

