



WGR = Whole Grain Rich

		Way 2024		
Monday	Tuesday	Wednesday	Thursday	Friday
All dinners are served with 8oz of either skim flavored milk or 1% unflavored milk	Back-Up Meal Chicken Nuggets Mashed Potatoes Corn	Ham & Cheese Roll Up 2oz Turkey Ham 0.5oz Shredded Cheese 1/2C Coleslaw WGR Tortilla 1/4C Fruit Mix	3oz Buffalo Chicken Salad 1/2C Corn & Black Beans WGR Pita Triangles (4) Fresh Fruit	Hard Boiled Eggs (2) 1oz WGR Cereal 1/2C Cherry Tomatoes Premium Fresh Fruit
6 Turkey & Cheese Roll Up 2oz Turkey Breast 0.5oz Cheese 1/2C Seasoned Peas WGR Tortilla 1/4C Pineapple	2TBSP WOW Butter Cup 1oz String Cheese (1) 1oz WGR Pretzels 1/2C Celery & Cucumber 1.33oz Raisins	7 Charcuterie 1oz Turkey Salami 1oz Colby Jack Cheese Cubes 1oz Ritz Crackers 1/2C Broccoli & Cauliflower Fresh Fruit Salad WGR Bread Slice	Ham & Cheese Sandwich 2oz Turkey Ham 0.5oz American Cheese 1/2C Carrot Slaw WGR Bun 1/4C Peaches	Taco Chicken Salad 1.5oz Chicken 0.5oz Shredded Cheese 1C Tossed Salad 1oz WGR Tortilla Chips Fresh Fruit Taco Sauce
PB&J Munchable 1.12oz Wow Butter Cup Jelly Cup WGR Bread Slices (2) 1oz String Cheese (1) 1/2C Cauliflower 1/4C Mandarin Oranges	Ranch Chicken Roll Up 2oz Chicken 0.5oz Cheese 1/2C Baby Carrots Fresh Fruit WGR Tortilla	Hard Boiled Egg (1) 4oz Yogurt 1/2C Cucumbers 1/4C Applesauce WGR Banana Bread 1/4C Fruit Mix	Turkey & Cheese Sandwich 2oz Turkey Breast 0.5oz American Cheese 1/2C Lettuce 1/4C Tomato WGR Bun Fresh Fruit	Popcorn Chicken Salad 4.3oz WGR Popcorn Chicken 1C Tossed Salad 1/2C Diced Tomatos & Cucumbers 1/4C Peaches
Ham & Cheese Roll Up 2oz Turkey Ham 0.5oz Shredded Cheese 1/2C Coleslaw WGR Tortilla 1/4C Fruit Mix	3oz Buffalo Chicken Salad 1/2C Corn & Black Beans WGR Pita Triangles (4) Fresh Fruit	Hard Boiled Eggs (2) 1oz WGR Cereal 1/2C Cherry Tomatoes Premium Fresh Fruit	Cheesy Chicken Pasta Salad 1oz Diced Chicken 1oz Shredded Cheese 1/2C WGR Pasta 1/2C Diced Tomatoes & Cucumber 1/4C Applesauce	Turkey & Cheese Roll Up 2oz Turkey Breast 0.5oz Cheese 1/2C Seasoned Peas WGR Tortilla 1/4C Pineapple
Memorial * Day	Ham & Cheese Sandwich 2oz Turkey Ham 0.5oz American Cheese 1/2C Carrot Slaw WGR Bun 1/4C Peaches	Taco Chicken Salad 1.5oz Chicken 0.5oz Shredded Cheese 1C Tossed Salad 1oz WGR Tortilla Chips Fresh Fruit Taco Sauce	Salami & Cheese Sandwich 2 oz Turkey Salami 0.5 oz Cheese WGR Bun 1/2C Marinated Beans 1/4C Pears	PB&J Munchable 1.12oz Wow Butter Cup Jelly Cup WGR Bread Slices (2) 1oz String Cheese (1) 1/2C Cauliflower 1/4C Mandarin Oranges