

SITE:

CACFP Dinner Menu - Heritage Nutrition Services

April 2024

* denotes Whole Grain Rich item
+ denotes scratch-cooked item

Monday	Tuesday	Wednesday	Thursday	Friday
1 Heritage Closed	2 3oz Salisbury Steak & Gravy Breadstick* 1/2C Crinkle Fries 1/4C Green Beans	3 Italian Roast Beef Sandwich 2oz Roast Beef Bun* 1/2C Tots 1/4C Peaches	4	5 Dino Nuggets* (4) 1/2C Shoe String Fries 1/4C Mandarin Oranges Ranch
8 3oz Cheeseburger 0.5oz American Cheese Pretzel Roll* 1/2C Potato Wedges 1/4C Mixed Fruit Ketchup	9 2oz BBQ Chicken Pizza* 0.5oz BBQ Sauce 1oz Mozzarella 1/2C Buttered Carrots 1/4C Pineapple	10 Philly Steak Sandwich 2oz Steak 0.5oz Mozzarella Bun* 1/2C Roasted Red Potatoes 1/4C Peppers & Onions	11 3oz Crispy Baked Chicken Thighs Roll* Baked Potato 1/4C Steamed Broccoli Butter	12 Chicken Snack Wrap 2oz Breaded Chicken Strips 0.5oz Cheese Tortilla* 1/2C Potato Wedges 1/4C Pears Ranch
15 Tacos 3oz Taco Meat Corn Hard Shell* (2) 0.5oz Shredded Cheddar Cheese 0.5oz Shredded Lettuce 1/2C Corn 1/4C Tropical Fruit Taco Sauce	16 3oz Mark's Homemade Meatloaf 3oz Gravy 1/2C Mashed Potatoes 1/4C Mixed Veggies Biscuit*	17 1C Mac & Cheese* 1/2C Steamed Cauliflower 1/4C Peaches	18 2oz Seasoned Grilled Chicken Breast 1/2C Roasted Red Potatoes 1/2C Steamed Mixed Veggies Breadstick*	19 3oz Swedish Meatballs 2oz Gravy 1C Egg Noodles Breadstick* 1/2C Green Beans 1/4C Applesauce
22 2oz BBQ Brushed Chicken Breast Bun* 1/2C Tots 1/4C Pears	23	24 Buffalo Chicken Deli Sandwich Roll* 1.5oz Chipped Buffalo Chicken 0.5oz Sliced Provolone Cheese 1/2C Roasted Potato Wedges Fresh Apple Ranch	25 3oz Marinated Grilled Chicken Breast Dinner Roll Baked Potato 1/2C Broccoli 1oz Butter	26 Chicken Penne Bake 2oz Chicken 3oz Alfredo Sauce 1/2C Penne* 1/2C Steamed Broccoli 1/4C Peaches
29 Country Fried Steak & Gravy 1/2C Roasted Red Potatoes Biscuit* 1/4C Mixed Fruit	30 3oz Breaded Chicken Patty 0.5oz Provolone Cheese WG Bun* 1/2C Fries 1/4C Pepper Strips Ranch		<p style="text-align: center;">Back-Up Meal Chicken Nuggets Mashed Potatoes Corn</p>	<p style="text-align: center;">All dinners are served with 8oz of either skim flavored milk or 1% unflavored milk</p> 