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FOR IMMEDIATE RELEASE

Food Bank joins partners to celebrate National School Breakfast Week March 7th – 11th

PITTSBURGH, PA (March 7th, 2022) This week, Students across the region are eating well and having fun for National School Breakfast Week (NSBW). NSBW is a celebration of school meals and the impact they have on kids throughout the country.

Nationally, research shows eating breakfast can lead to higher test scores, calmer classrooms, fewer trips to the nurse, and better attendance. Across Southwestern Pennsylvania, many schools have also opted to make school breakfast a normal part of the school day by offering Breakfast in the Classroom, Grab & Go meals or Second Chance Breakfast. By making breakfast more accessible for students, schools can see dramatic shifts in student behavior and classroom readiness.

“Children have faced so many hardships since the pandemic started, but they should not need to worry about whether they can start the day with a healthy meal. School Breakfast starts the day right for kids so that they can focus and learn with their friends and develop healthily,” said Food Bank Director of Child Nutrition Programs Karen Dreyer.

Locally, many schools are partnering with Greater Pittsburgh Community Food Bank to offer prizes for school breakfast participation. Several districts are offering “lucky tray day” where several students at random will be selected to win gift cards, plush toys, and other items to encourage them to start their day with school breakfast. Additionally, most schools have opted to participate in USDA COVID waivers, making both breakfast and lunch free for all students in the district.

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About Greater Pittsburgh Community Food Bank

Greater Pittsburgh Community Food Bank is a nonprofit organization that distributes food for more than 45 million meals annually across 11 counties in southwestern Pennsylvania through a network of more than 850 agencies, partners and programs. The Food Bank was founded in 1980 and is a member of Feeding America, the leading domestic hunger-relief charity in the U.S. For more information on hunger in our region or how to get involved, visit pittsburghfoodbank.org.